



Lauren I. Mechaly

COUNSEL

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Practice Group

Elder Law
Trusts & Estates

Bar Admission

New Jersey
New York

Helping families plan for their future and respond to crises is the driving force behind Lauren's passion for elder law, special needs planning, and trusts and estates. She is honest and transparent with her clients, offering them support and peace of mind.

Experience

Lauren I. Mechaly focuses her practice on elder law, special needs planning, estate planning, and estate administration.

As an elder law practitioner, she assists seniors with a variety of legal issues, including estate planning and long-term care planning. This also includes establishing and maintaining eligibility for means-tested government benefits, assisting in nursing home admissions and obtaining homecare services for the elderly.

As a special needs practitioner, Lauren assists individuals with special needs and their families in promoting the best quality of life for disabled individuals. She assists in establishing and maintaining eligibility for government benefits, and in obtaining community support and services for individuals with disabilities. She also assists financial institutions and corporate fiduciaries with judicial and administrative accountings, and offers counseling in the administration of special needs trusts.

As an estate planner, Lauren deals with issues pertaining to estate and tax planning and asset preservation. She assists clients with the tax-efficient transfer of assets during life and after death, crafting customized estate plans to meet the individual needs of her clients. This includes the preparation of estate planning documents such as wills, trusts and advance directives.

Lauren has authored and co-authored articles relating to various issues in her practice areas and is a frequent presenter on the topics of elder law and special needs planning.

Lauren graduated from Boston University and received her J.D. from Albany Law School, where she was an intern in the Civil Rights and Disabilities Law Clinic and on the editorial team of the *Government Law Review*.

An avid New York Jets fan, Lauren was a competitive gymnast through high school. She and her husband live in New Jersey with their four children.

Court Admissions

New York Supreme Court, Appellate Division, First Department

U.S. District Courts for the Southern District of New York

Supreme Court of New Jersey

Bar Affiliations

New Jersey Bar Association

New York Bar Association

Education

Albany Law School, J.D.

Fordham University Graduate School of Social Services, Masters in Social Work

Boston University, B.A.

Involvement

Lauren is a an active member of the National Academy of Elder Law Attorneys and the Special Needs Alliance, an invite-only membership.

Accolades

Lauren has been certified by the National Elder Law Foundation as a Certified Elder Law Attorney (CELA).